

The Good News

From Abundant Harvest Kitchen & Bistro
by St. Isidore Episcopal Church



Merry Christmas

As the festive season envelops us in its warm embrace, we extend our heartfelt gratitude to the incredible volunteers and generous donors who have made 2023 an extraordinary year for Abundant Harvest Kitchen by St. Isidore Episcopal. Without your selfless contributions, this year's achievements would have been impossible. Your offensive generosity has touched the lives of thousands of residents in Montgomery County and beyond, providing essential support and spreading joy throughout the community. Your impact resonates far beyond the holiday season, shaping a brighter future for generations to come. As we gather around the Christmas tree, adorned with gratitude, all of us here at Abundant Harvest Kitchen wish you a Merry Christmas filled with love, warmth, and the joy that comes from making a difference in the lives of others. Thank you for being the heart of our mission and for making this holiday season truly special.

December Volunteer of the Month

Michael Thomson

In the special month of celebrating, we would like to honor Mike Thomson as our volunteer of the month. Mike, a retired USAF Colonel with 28 years of military service and a founding member of St Isidore, brings over 40 years of progressive leadership experience to the table. Having spent 25 years in director-level management positions and over two decades in federal law enforcement and security, Mike has directed security, antiterrorism, and emergency planning for corporations and the US military transportation system. With a background in multi-site human resources leadership for domestic and international companies, Mike has managed annual budgets ranging from \$40 million to \$1.2 billion. Despite his impressive professional history, Mike's true passion lies in volunteer work. Drawn to St Isidore's focus on service and outreach, Mike serves as the CFO/Treasurer and dedicates time each week to the Bistro and mobile food pantries. As a Christian, he sees volunteering as a theological obligation to share his time, talent, and treasure with those in need, setting an example for others to follow. Mike's key core value is encapsulated in the mantra "All Hands-on Deck" through service to others, and he finds personal joy and fulfillment in the concept of "offensive generosity," where the more one gives, the greater the joy and happiness experienced, creating a sense of redemption and renewal.



Services Year to Date



3,520
Veterans Served
YTD



1,106,088
Pounds of Food
YTD



10,616
Meals Served
YTD

November Donor of the Month

The Ward Family

UP COMING EVENTS

Abundant Harvest Kitchen & Bistro Events



Christmas Eve

*Sunday, December 24th Worship
& Dessert Social @ 5:30PM*

*Join us for our Christmas Eve Worship Service and
for fellowship with desserts afterwards.*

Nutritional Class

*Thursday, December 14th
6:30 PM in the Conference Room
w/ Nutritional Health & Fitness
Coach Nathan Redmon
Sign up today through this link.*

Macros 101



What are they?
Why are they important?

Nutritionist/Trainer
Nathan Redmon, owner of
It Factor Coaching, will
simplify it for you
Join us!

Thursday, December 14th @ 6:30 PM

Abundant Harvest Kitchen conf. Room
24803 Oakhurst Drive / Spring, TX 77386



Holiday Closure

Dec. 25th, 2023 - Jan. 9th, 2024

The Bistro will be closed

*Catering for events will still take place.
Each year we close at this time to prepare
for the coming year. Thank you for your
understanding and we wish you a happy
and healthy New Year!*

